

**BURLINGTON SKATING CENTRE  
FALL PROGRAM  
SEPTEMBER 7th - OCTOBER 8, 2022**

<b>MONDAY</b> <b>APPLEBY 4</b>	<b>TUESDAY</b> <b>APPLEBY 4</b>	<b>WEDNESDAY</b> <b>APPLEBY 4</b>	<b>THURSDAY</b> <b>APPLEBY 4</b>	<b>FRIDAY</b> <b>APPLEBY 4</b>	<b>SATURDAY</b> <b>APPLEBY 4</b>
<b>ICE TICKET</b> 7:00 - 10:00 am 2:30 - 3:30 pm <i>Available to STAR 2/3 skaters and higher. Must choose a minimum of 3 days in order to qualify to purchase an Ice Ticket.</i>	<b>ICE TICKET</b> 7:00 - 10:00 am 3:00 - 4:00 pm	<b>ICE TICKET</b> 7:00 - 10:00 am 2:30 - 3:30 pm	<b>ICE TICKET</b> 7:00 - 10:00 am 2:30 - 3:30 pm	<b>ICE TICKET</b> 7:00 - 10:00 am 2:30 - 3:30 pm	<b>PRE-WINTER CANSKATE</b> 9:50 - 10:40
<b>COMP / STAR 4 - GOLD*</b> 3:30- 4:30	<b>COMP / STAR 4 - GOLD*</b> 4:00 - 4:15 Grp 4:15 5:15 Fs	<b>COMP / STAR 4 - GOLD*</b> 3:30 - 4:30	<b>COMP / STAR 4 - GOLD*</b> 3:30 - 4:30	<b>COMP / STAR 4 - GOLD*</b> 3:30 - 4:30	<b>STAR 4 - GOLD</b> 10:50 - 11:50 Open
4:30 - 4:40 Flood		4:30 - 4:40 Flood	4:30 - 4:40 Flood	4:30 - 4:40 Flood	11:50 - 12:00 Flood
<b>STAR 2/3</b> 4:40 - 5:25 Fs	5:15 - 5:25 Flood	<b>STAR 2/3</b> 4:40 - 4:50 Grp	<b>STAR 4/5</b> 4:40 - 4:55 Sk/turn/edge	<b>STAR 4 - GOLD</b> 4:40 - 5:40 Fs	<b>STAR 2/3</b> 12:00 - 12:45 Fs
5:25 - 5:35 Flood	<b>ACADEMY</b> 5:25 - 6:10	4:50 - 5:00 Sk	4:55 - 5:10 Da	5:40 - 5:55 Sk / Da	12:45 - 12:55 Sk
5:35 - 5:45 Sk	<b>PRE-WINTER CANSKATE</b> 6:20 - 7:10	5:00 - 5:10 Da	5:10 - 5:55 Fs	5:55-6:05 Grp	12:55 - 1:05 Da
5:45 - 5:55 Da		5:10 - 5:55 Fs			1:05 - 1:15 Grp
5:55 - 6:05 Grp		<b>STAR 1**</b> 5:10 - 6:10	5:55 - 6:05 Flood	6:05 - 6:15 Flood	1:15 - 1:25 Flood
<b>STAR 1</b> 6:10 - 7:10	7:10 - 7:20 Flood	6:10 - 6:20 Flood	<b>STAR 2/3</b> 6:05 - 6:15 Sk	<b>PRE-WINTER CANSKATE</b> 6:25 - 7:15	<b>STAR 1</b> 1:25 - 2:25
		<b>PRE-WINTER CANSKATE</b> 6:30 - 7:20	6:15 - 6:25 Da	7:15 - 7:25 Flood	
7:10 - 7:20 Flood	7:20 - 7:30 Sk/turn/edge		6:25 - 7:10 Fs		2:25 - 2:35 Flood
<b>STAR 4 - GOLD</b> (Jumps & Spins) 7:20 - 8:05	7:30 - 7:40 Da		7:10 - 7:20 Grp	<b>ADULT</b> 7:25 - 8:25	
	7:40 - 8:30 Fs	7:20 - 7:30 Flood	7:20 - 7:30 Flood		
8:05 - 8:15 Flood		<b>POWER (6-8)</b> 7:30 - 8:10	<b>STAR 4 - GOLD</b> 7:30 - 8:30 Open		
<b>STAR 4 - GOLD</b> (Skills, Dance, Artistic) 8:15 - 9:00		8:10 - 8:20 Flood			
		<b>POWER (9-12)</b> 8:20 - 9:00			

<b>STAR 1</b>	<b>Must have passed CanSkate Stage 5. (**Must have passed CanSkate Stage 6)</b>
<b>STAR 2/3</b>	<b>Must have completed the STAR 1 FreeSkate assessment.</b>
<b>STAR 4/5</b>	<b>Must have passed the STAR 3 FreeSkate assessment.</b>
<b>STAR 4 to GOLD</b>	<b>Must have passed the STAR 3 FreeSkate assessment. (*Jump and Spin session only!)</b>
<b>COMPETITIVE</b>	<b>Must be competing at Juvenile/STAR 8 or higher in the 2022-2023 Season</b>

**BURLINGTON SKATING CENTRE  
FALL PROGRAM (Off-Ice)  
SEPTEMBER 7th - OCTOBER 8th, 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
COMMUNITY ROOM	COMMUNITY ROOM	COMMUNITY ROOM	COMMUNITY ROOM	COMMUNITY ROOM	COMMUNITY ROOM
<p><b>STAR 1</b> 5:30 - 6:00</p> <p><b>STAR 2/3</b> 6:15 - 6:45</p>	<p><b>COMP/STAR 4 - GOLD</b> 5:20 - 6:10</p> <p><b>STAR 4/5</b> 6:10 - 7:00</p>	<p><b>STAR 1, 2 &amp; 3</b> 6:15 - 6:45</p>	<p><b>COMP/STAR 4 - GOLD</b> 4:35 - 5:20</p> <p><b>STAR 2/3</b> 5:25 - 5:55</p> <p><b>STAR 4/5</b> 6:00 - 6:50 (optional <b>STAR 4 - Gold</b>)</p>		<p><b>STAR 2/3</b> 11:15 - 11:45</p> <p><b>STAR 1</b> 12:45 - 1:15</p>

revised: August 11, 2022